

GGRC Board Policy on Use of Restraints

Golden Gate Regional Center (GGRC) strives to ensure a safe and therapeutic environment for individuals supported by GGRC. GGRC restraints policy upholds individual's rights, fostering positive and trusting relationships among individuals, families, vendors, and GGRC. GGRC will maintain a Behavior Modification Review Committee (BMRC) that will review the use of restraint events and approve behavior support plans that use restraints as part of a continuous behavioral treatment plan to ensure that identified interventions that are clinically appropriate; and, that the least restrictive restraints are employed to protect only against the clear threat of harm to self or others.

The use of restraints will:

1. Be used after exhausting all other appropriate intervention procedures.
2. Be appropriately implemented by professionally trained staff using current evidence-based training procedures and in compliance with applicable state and federal regulations.
3. Only be used as a procedure that is necessary, when the individual's behavior is clearly a threat to themselves or others.
4. Never be used as punishment or for coercive purposes.

*In alignment with Title 22 Section 72319, GGRC distinguishes postural support from restraints