

**GOLDEN GATE REGIONAL
CENTER BOARD of DIRECTORS
MEETING
Tuesday, November 14th, 2023- 5:30 PM**

**Via Zoom Video Conference (see below)
and
In-Person at GGRC, 1355 Market Street, Suite 220, San Francisco, CA
94103**

5:30 pm I. **CALL TO ORDER / INTRODUCTIONS** (Jacy Cohen)

ACTION II. **CONSENT AGENDA ITEMS** (Jacy Cohen)
ACTION A. Agenda
B. Record of October 17th, 2023, Meeting

5:40 pm III. **PUBLIC COMMENT/ANNOUNCEMENTS** (Jacy Cohen)

5:45 pm IV. **COMMITTEE REPORTS** (Jacy Cohen)
A. Finance Committee (Michael Bernick)
1. Monthly Financial Statement
ACTION 2. Acceptance of Audit

V. **State Council on Developmental Disabilities – Update on SCDD Activities**

6:05 pm VI. **COMMITTEE REPORTS (Continued)**
C. Services Committee (Jacy Cohen)
1. Future Planning Project – Getting Back to Participants
2. GGRC All Staff Meeting Recap
3. *Board Presentation: Components of Our Local “Safety Net”:
The Impact of GGRC’s Registered Nurses and Board-Certified
Behavior Analyst*

- D. Board Operations (Lynn Pulliam)
 - 1. Update on GGRC BOD Candidates Recruitment
 - 2. Bylaws Review Process Update

- E. Service Provider Advisory Committee (Abby Yim)

- F. Legislative Committee (Edith Arias)
 - 1. Advocats Letter
 - 2. Possible Legislative Event in the Spring

- G. Comments from the Board Chair (Jacy Cohen)

6:40 pm **VII. DIRECTOR'S REPORT** (Eric Zigman)

- 1. ARCA Explained
 - a. What is ARCA?
 - b. Why ARCA is Important?
 - c. FY 23-24 Budget Priorities

7:15 pm **VIII. EXECUTIVE SESSION** (If necessary)

You must RSVP to attend in-person or to receive the Zoom meeting information. To RSVP or if you have any questions, please contact Aria Alokozai at aalokozai@ggrc.org, or call 415-832-5792.



Golden Gate Regional Center

Supporting Lives of Liberty and Opportunity

BOARD of DIRECTORS MEETING
RECORD of November 14th, 2023, 5:30 PM
VIA ZOOM CONFERENCING

PRESIDING: Jacy Cohen

DIRECTORS PRESENT: Michael Bernick
Edith Arias
David DeLira
Michael LoBue

Lynn Pulliam
Tracy Bullock
Abby Yim

DIRECTORS ABSENT: JJ Khin
Andrea Fuentes

STAFF: Eric Zigman
Brenda Gonzales
Lop Hou
Lisa Rosene
Gabrielle Beneitone

Aria Alokozai
Ihsan Shagiwal
Sulma Chaves
Diane Lee
Marcelina Enrile
Maricha Dagcuta

GUESTS: Rachel Kripke-Ludwig
Gail Ludwig & Family
Sophia Agafonow
Teresa Coral

Sheraden Nicholau
Shirley Poitier
Erika Gonzalez
Marta Guzman

CALL TO ORDER (Jacy Cohen)

Ms. Cohen called the meeting to order at 5:32 p.m. Welcoming remarks and introductions followed.

CONSENT AGENDA ITEMS (Jacy Cohen)

ACTION A. Agenda

The Agenda for today's meeting was approved.

M/S/C (Lynn Pulliam motioned /Michael Bernick seconded)

ACTION B. Record of October 17th, 2023, Meeting

The Record of Meeting of October 17th, 2023 was approved.

M/S/C (Michael Bernick motioned/Lynn Pulliam seconded)

PUBLIC COMMENT / ANNOUNCEMENT

Rachel Kripke-Ludwig commented about supporting community living services capacity. Ms. Kripke Ludwig added:

“We are in the process of trying to renovate a home for that purpose (community living services). The issues we ran into are city hall corruption which leads to excessive delays in permits. Our neighbors are not the barrier. The planning and building departments charge excessive fees and take months to respond and add little to public safety. That needs to be reformed. Next, the nursing home care service agencies aren’t set up to manage long term care, they are set up to do geriatric assessments and care for acute illness to keep people from bouncing back to the hospital or from ending up in the ER. They aren’t used to doing things like regular physical therapy, occupational therapy, speech or helping supervise and train staff . The long term care consultants are only available in group home. I am currently getting home care assessments and its very valuable but its very short term and it wont be the same people when I need them again, that’s what private health insurance covers. The department of public health came out and gave me flue and COVID vaccines but wouldn’t give the other shots that I need and home care nurses wouldn’t administer vaccines. I need support for immunization withholding. We pay two guys to help hold me but nobody covers that and my doctors can’t physically restrain me in the office. We should have an immunization clinic and valvotomy monthly in place like the University of Pacific Ed for COVID vaccines with people who know what community staffing is. The RDHDP came for my second dental cleaning, this is the great services that most people don’t know exist. These are my experiences to help you see what the holes are that need to be plug to make community living possible.”

Lisa Rosene responded and added that she will be in touch with Ms. Kripke Ludwing.

Finance Committee (Michael Bernick)

Monthly Financial Statement: [Financial Status as of September 30th, 23]

At the request of Treasurer Michael Bernick, Lop Hou shared the E-I Contract Budget Allocations of DDS funding for Fiscal Year 2023-2024 and GGRC financial statement as follows:

Operations:

After three months of operations, year to date expenditures are under budget by 5.6%. All operations funds are expected to be fully expensed for the fiscal year over the normal course of operations.

Purchase of Services (POS) Excluding CPP:

After three months of operations, year to date POS expenditures are under budget by 3.3%. While this will fluctuate as caseloads increase and as services are provided throughout the year, the current estimated projected surplus is approximately \$3.1 million for the fiscal year..

Community Resource Development Plan (CRDP) Funding

Placement funds have been allocated and are being used, however, funds related to any start-up projects have yet to be approved and allocated by DDS.

ACTION – Acceptance of Audit:

Lop Hou reported that the Annual Independent CPA Audit for the financial statements for Golden Gate Regional center has been completed. The Finance Committee had a meeting on October 31st and GGRC received clean Audit opinion with no material findings.

Jacy Cohen thanked the Auditors and appreciated the time the Auditors spent meeting with the Finance Committee (both with staff and in Executive Session with only Committee members) and delivering a very clear report.

Upon the recommendation of the Finance Committee, Jacy asked for a motion to accept the Audit. Michael Bernick made a motion and Edith Arias seconded.
MSC (Michael Bernick motioned/ Edith Arias seconded)

The Board Members unanimously voted to accept the Aduit. There were no further discussions.

State Council on Developmental Disabilities Update on SCDD Activities:

Sheraden Nicholau, SCDD Regional Manager shared SCDD updates and timely information on events, trainings and opportunities including the following:

- Sheraden thanked those that attended community conversations or email/ sent feedback or completed survey to give insight in terms of what they want to see for the statewide Supported Decision-Making Technical Assistance Program (SDM -TAP). The State Council is still looking for hear from family advocates, self-advocates, professional, people with lived experience and others. In October, the State Council’s received feedback from the community about Supported Decision making, specifically what SCDD should focus on when they prepare to offer grants to community partners to promote and to provide system change work in SDM in five areas; IDD services, education, health care settings, financial setting, legal and judicial settings. SCDD still accepts feedback from the community and can be [Here regarding the SDM -TAP](#).

- Upcoming Statewide online trainings are as follows:
 - Meetings Calendar: <https://scdd.ca.gov/scddcalendar/>
 - SCDD Virtual Trainings Calendar: <https://scdd.ca.gov/scdd-trainings/>
 - Trainings on Coping in Times of Change on November 27th in English & December 4th in Spanish. Both from 10a to 12p
<https://files.constantcontact.com/be05f332501/bd19eb68-3ae8-4ac7-a925-a7b9c0186cb7.pdf> ID: 829-8230-7774 Password: 123456
 - Self-Determination Statewide Orientations (this month offered in English, Spanish, and Arabic): <https://scdd.ca.gov/sdp-orientation/>
 - 11/27 Self-Advocates Advisory Committee Meeting 2023 Self Advocates Advisory Committee (SAAC) Meeting | SCDD
 - 11/28 Council Meeting 2023 SCDD Council Meeting | SCDD (ca.gov)
 - 11/29 Statewide Self-Advocacy Chat 2023 California Statewide Self-Advocacy Chat | SCDD
 - 12/12 Statewide Self-Advocacy Network <https://scdd.ca.gov/event/2023-statewide-self-advocacy-network-ssan-meeting-2023-12-12/>

- Bay Area Regional Advisory Committee (RAC) Meeting will be on Wednesday November 29th from 5:15-5:30 p.m. for networking and the meeting will be from 5:30-8:00 p.m. Featured this meeting: Year recap, RAC priorities exploration for the year ahead, member updates in

advocacy, RAC Vice-Chair election, and more. This meeting will be on zoom. Where to find the flyers, logon info, and packet: <https://scdd.ca.gov/bayarea/>

- A reminder, we can offer PPE and antigen tests for orgs and community groups. Email to make a request: Sheraden.nicholau@scdd.ca.gov
- Share your Bill ideas: https://scdd.sjc1.qualtrics.com/jfe/form/SV_8c9wD1u72jkHEF0

Services Committee (Jacy Cohen)

Future Planning Project – Getting Back to Participants:

Jacy Cohen shared that the Services Committee conducted four listening sessions (with the Service Provider Advisory Committee, English speaking families, Spanish speaking families and Cantonese speaking families). The next step for the Services Committee is to provide a summary recap of the responses and feedback of the participants. The Services Committee is also planning to design a training on Future Planning to the social workers in order to obtain an understanding regarding Social Workers' knowledge in terms of future planning.

Additionally, The Services Committee is discussing a listening session for the people served where Alex Madrid, GGRC Housing Specialist (and former Board Member), is supporting the committee to develop this listening session.

GGRC All Staff Meeting:

Eric reported about the All Staff meeting that was held via Zoom and that he reported about the Future Planning Listening Sessions at the All Staff meeting. He added that we had a presentation from the DDS, Family Resources Centers and presentations from GGRC registered Nurses.

Board Presentation: Components of Our Local “Safety Net”: The Impact of GGRC’s Registered Nurses and Board-Certified Behavior Analyst

GGRC RNs, Gabrielle Beneitone, Marcelina Enrile and Maricha Dagcuta highlighted the roles of the GGRC Registered Nurses which revolves around providing consultation on medical issues, health declines, change in conditions, and behavioral changes. They assist in developing care plans for restricted health conditions, reviewing home program designs, assessing appropriate placements, offering training to various stakeholders, and follow up on medical visits. In the quarterly activities, the four GGRC Interdisciplinary Nurses supported 220 individuals across three counties. Their activities included visits to various locations, reports covering nursing assessments and other documentation, incident reports follow-ups, consultations for placement referrals, purchase of service consultation, consultations for care planning, and other related activities.

Levels of Care:

- Family Home – Family Home Agency (FHA)
- Supportive Living- Living in apt/family home (SLS)
- Community Care Facilities (CCF): are defined as any size facility providing 24-hour non-medical care and supervision, licensed by the Department of Social Services in accordance with California Code of Regulations, Title 17 and 22. Specialized facilities with nursing capabilities can cater to the medical needs of fragile clients.
- Intermediate Care Facilities -ICF-DD-Habilitative and ICF-DD- are licensed by the Department of Public Health and funded through Medi-Cal's managed care program. These six-bed

facilities are organized to individuals with deficits in daily living or behavioral/nursing issues. These facilities are overseen by a Qualified Intellectual Disability Professional (QIDP) and have a team of consultants and psychologists. Regular primary care physician visits every 60 days are required.

- Specialized Residential Facilities – SRF: provide 24-hour care, supervision, and training for individuals with unique needs, determined by an interdisciplinary planning team. These facilities were initially established for those transitioning from specific care settings. All SRFs are licensed by the State Department of Social Services, following Title 22 and Title 17 regulations. GGRC oversees at least 89 Specialized Residential Facilities (SRFs), in San Mateo and Marin counties. Marchica highlighted the age range of the residents, design of the facilities, occupancy, capacity, staffing ratio and length of placement. Individuals are SRF need intermittent skilled nursing, medical/behavior support based on individual needs. Admitting into SRF requires GGRC RN and behavior support team assessment/approvals.
- Adult Residential Facilities for Person with Special Health Care Needs (ARFPHN) – refers to any 24-hour health care adult residential facility licensed to serve up to 5 adults with developmental disabilities and provide intensive support services in a homelike setting. Marcelina spoke about the admission criteria for the ARFPHN homes, capacity, staffing, locations, contact information and roles of GGRC RNs (assessment, IHCP oversight, Care Plan review, monthly visits and documentation and submitting reports.
- Enhanced Behavioral Support Home (EBSH): these homes were established to offer diverse services for individuals with challenging and maladaptive behavior needs and individuals at risk of more restrictive settings.
- Community Crisis Home (CCH): Provides 24-hour non-medical crisis intervention for adults aged 18-59, addressing various conditions such as aggression, suicidal ideation, and substance abuse. Gabrielle spoke about the capacity of these facilities, staffing, and placements. Roles of the GGRC RN in CCH/EBSH includes consultation, assessments, attending regular meetings, ensuring regulatory compliance, and assisting in developing care plans.

Sulma Chaves, GGRC Board Certified Behavior Analyst (BCBA), delivered a presentation on overview of Behavior Support Services and highlighted the following points.

- The role of the Board-Certified Behavior Analyst (Qualified Behavior Modification Professional or (QBMP) is to oversee and monitor Community Crisis Homes and Enhanced Behavioral Support Homes, and role of the Psychiatric Technician, Person-Centered Practices Coach is to process inquiries and documentation through the behavior support line under the supervision of the BCBA.
- State Operated Facility are temporary and acute facilities and support individuals in a continues state of crisis.
- Community Crisis Facility: provides behavior stabilization services support for individuals with complex behavioral profiles who have placed themselves and or others in imminent life-threatening situations.
- Enhanced Behavioral Support Homes supports individuals who require lifelong enhanced behavioral support and have stepped down from a locked setting/developmental center.

- Specialized Residential Facilities supports individuals with specialized needs for whom all lower-level resources have been exhausted.
- Level 4 Homes supports individuals with severely disruptive and self-injurious behaviors.
- QBMP’s primary responsibilities include attending weekly meetings, generate reports, monthly observations/visits of each individual, documentation, preparing reports, review of families and providing technical assistance.

Lastly, Sulma spoke about projected needs such as increases in DDS regulation related to behavior, behavioral expertise needs for HCBS modifications, advocacy regarding access barriers to mental health services and aging caregivers to name a few. Successes regarding the EBSH homes and Community Crisis Homes, START Services and Person Centered and Trauma Informed services were also highlighted.

Q & A followed.

Board Operations Committee (Lynn Pulliam)

Update on GGRC BOD Candidate Recruitment:

Lynn Pulliam reported that the Board Operations Committee is actively looking for new Board members, especially someone from Marin and San Mateo. The Committee has a few candidates in the queue and will be interviewing some of those candidates soon.

Presentation of Board Candidate for Consideration:

Lynn introduced Ms. Shirely Poiter, a potential prospect Board Member, to the Board. Lynn added that Ms. Poiter has previous Board experience, has been a provider and recipient of services and has done a number of volunteer work with other organizations. Ms. Poiter was formally interviewed by the Board Operations Committee and will be voted in January’s Board meeting for election.

Bylaws Review Process Update:

Lynn reported that the Operations Committee has been reviewing the Bylaws review with Erin Bradrick, GGRC’s Board attorney, and will hopefully have the bylaws updated in the next two months.

Jacy added the Board Operations Committee is discussing the Board Bylaws final 16 issues with Erin to make sure we are in compliance with the Corporations Codes and the Lanterman Act.

Eric thanked the Ad Hoc Committee for reviewing the bylaws and making suggestions to the Board Operations Committee.

Service Provider Advisory Committee (Abby Yim)

SPAC Update

Abby reported the Service Provider Advisory Committee discussed the upcoming Grassroots day. She added that the committee always wants to make sure that they are represented on the Grassroots Day and the service providers are involved.

Abby shared that she is stepping away from her position as the SPAC representative and that this will be her last Board meeting. Abby shared that Kate O’Conner is the SPAC co-chair and is looking forward to joining the Board.

Abby thanked GGRC and appreciated Eric’s remarkable leadership and support to the Service Provider Advisory Committee.

Jacy and Eric thanked Abby and appreciated her service on the Board and the SPAC.

Legislative Committee/ARCA Report (Edith Arias)

Advocats Letter

Edith reported that the Legislative Committee met this month and discussed the Advocats Letter which is about an effort to educate the legislature about the real impact of the budget and DDS system. The Advocats want to see how many families/individuals would like to use this letter and have their voices heard. Edith urged the Board to share the letter with families/individuals who are interested.

Eric mentioned that if the Board Members have any input or feedback/revision about the letter, they can reach out to Edith or Eric.

Possible Legislative Event in the Spring:

Edith shared that the Legislative Committee is planning to have a possible Legislative Event in the Spring. More information will be shared in the upcoming meetings regarding the nature of this event.

Director’s Report (Eric Zigman)

What is the Association of Regional Center Agencies (ARCA)?

Eric delivered a presentation on ARCA and highlighted its mission, which is to promote and support regional centers in fulfilling the goals of the Lanterman Developmental Disabilities Services Act. Eric also spoke about ARCA’s Function, Board of Directors structure at ARCA, and ARCA’s leadership. ARCA’s Budget priorities for Fiscal Year 2024-25 are to prioritize affordable housing for people with developmental disabilities in projects funded by the Department of Housing and Community Development, update service provider rates based on inflation and needed rate model assumption fixes to better address service access needs, and fully fund regional centers for service coordination and commit to a revision of the Core Staffing Formula.

The Board Meeting adjourned at 7:22pm.

Respectfully Submitted,
Aria Alokozai