



Golden Gate Regional Center

N95 MASK FAQs AND RESOURCES – April 1, 2020

When to Wear Masks?

As a reminder, in accordance with the current Centers for Disease Control and Prevention (CDC) guidelines, the masks are intended to be worn by individuals who have respiratory symptoms and by those directly caring for someone who is sick. See related link: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>. However, CDC may be issuing new guidance. Please check on CDC website for the most up-to-date guidance from CDC.

How to Store Masks?

Masks should be stored in a cool, dry and **secure** location. If you have received masks from the U.S. stockpile of masks beyond the manufacturer-designated shelf life, refer to this link: <https://www.cdc.gov/coronavirus/2019-ncov/release-stockpiled-N95.html> and <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/FAQ-N95.aspx>

How to Wear Masks?

Refer to links below for the specific model of masks you have. Please note that a respiratory fit-test is needed to determine which model will fit each individual properly: <https://www.cdc.gov/niosh/docs/2018-129/pdfs/2018-129.pdf?id=10.26616/NIOSHPUB2018129>

3M Model 1860 / 1860S:

https://www.youtube.com/watch?v=M9Wklu_qOOM

3M Model 1870:

<https://www.youtube.com/watch?v=05wyH1-mLGk>

3M Model 8000:

Due to national shortage of N95 masks, DDS has given GGRC 3M Model 8000 masks, which is not recommended to be used by California Department of Public Health (CDPH) due to low fit-testing success rate. However, due to shortage of the other types of N95 masks recommended by CDPH, GGRC will distribute 3M model 8000 masks, and it is up to the discretion of the individuals who receive the masks whether they should wear the 3M Model 8000 masks that were received.

Refer to this link: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/FAQ-N95.aspx> and <https://www.cdc.gov/niosh/topics/h1n1flu/n9investigation1-19-10.html>

Can Masks Be Reused?

Refer to link: <https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html>

Additional Resources

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/healthcare-supply-ppe-index.html>

Supporting Lives of Liberty and Opportunity

www.ggrc.org

1355 Market Street, Suite 220
San Francisco, CA 94103
(415) 546-9222

3130 La Selva Street, Suite 202
San Mateo, CA 94403
(650) 574-9232

4000 Civic Center Drive, Suite 310
San Rafael, CA 94903
(415) 446-3000