



Golden Gate Regional Center

Supporting people with developmental disabilities since 1966

Early Start Program (ESP)

A Pathway for Families to Access Regional Center Services for Children with Developmental Delays

Any child less than 3 yrs. old

Do you think your child has a developmental delay?

Use these tools to help assess your child:

-Check the Center for Disease Control (CDC) Milestones for children at <http://www.cdc.gov/ncbddd/actearly/milestones/>

-Take a screening with the Watch Me Grow assessment tool at <http://www.gatepath.org/screenmychild>

If YES,

Call Golden Gate Regional Center (GGRC) to set up a referral

Contact GGRC at:

Intake: (888) 339-3305

Intake Fax: (888) 339-3306

Email: intake@ggrc.org

Main # (SF): (415) 546-9222

San Mateo: (650) 574-9232

Marin: (415) 446-3000

Website Link to Referrals:

<http://www.ggrc.org/services/applying-for-services>

(Please provide *minimum information*, Intake processing may take 1 to 4 weeks)

Minimum information consists of: child's name, date of birth, parent(s) name, contact phone number, description of delay/concern, insurance information and primary language spoken.

While you are waiting to hear from your GGRC Service Coordinator, *if* your child has **private health insurance**, please use the health insurance brochure to gather information that may be needed.

This may help speed up the entire process.

Link to brochure - www.ggrc.org/resources/pamphlets-a-other-literature

A Service Coordinator will contact you to determine the appropriate interdisciplinary determination team (IDT) members to assess a child based on family concern/areas of delay

If NO:

Continue to monitor your child by rescreening regularly and rechecking child's milestones. Share any questions with your Pediatrician and for help, contact Family Resource Center (FRC) <http://www.smcfrc.org/San-Mateo-County-Family-Resource-Center> or call (650) 259-0189.

