

The First Step

The Golden Gate Regional Center (GGRC) Early Start Program serves infants & toddlers, birth to 3 years who meet one of the following criteria:

1. Significant Development Delay

A difference is defined as a 25-percent delay in one or more developmental area of the following areas:

- Cognitive
- Physical (motor, vision and hearing)
- Communication
- Social/emotional
- Adaptive/self help

2. Established At Risk Conditions

Have an established risk **condition**, or condition with established harmful developmental consequences that will likely lead to developmental delay(s) if the delay is not evident at the time of diagnosis.

3. Additional High Risk Conditions

At high risk of having substantial developmental disability due to a combination of biomedical risks or an infant or toddler is a child of a person with developmental disability and requires intervention services.

Contact Info

Intake and Referral Information

Parents, professionals, and other concerned individuals may make a referral by contacting the Golden Gate Regional Center **Intake Unit** by phone, email or mail.

Phone: 1-888-339-3305

Email: intake@ggrc.org

Early Start (birth – 36mo) intake referral form available on GGRC website

Lanterman (ages 3 and older) inquiries via phone/email

San Francisco County

Golden Gate Regional Center
1355 Market Street, Suite 220
San Francisco, California 94103

San Mateo County

Golden Gate Regional Center
1900 S. Norfolk Street, Suite 100
San Mateo, California 94403

Marin County

Golden Gate Regional Center
4000 Civic Center Drive, Suite 310
San Rafael, California 94903

For More Information Visit:

Golden Gate Regional Center: www.ggrc.org or refer to GGRC publication: *A Guide to Understanding Services*.

Early Start Services

A Program for Infants and Toddlers



Supporting Lives of Liberty and Opportunity

Serving People in San Francisco, Marin and San Mateo Counties

Based in San Francisco, Golden Gate Regional Center (GGRC) is one of 21 private, nonprofit organizations contracted by the State of California to coordinate lifelong services and supports for individuals with developmental disabilities and their families. In California, the Regional Center system was created to assist persons with intellectual disabilities and their families in locating and developing services that meet their needs.

Multilingual services provided as necessary.

What to Expect Once a Referral is Made?

1. A Golden Gate Regional Center **Early Start** service coordinator will be assigned to assist the child and family through the initial eligibility and assessment process.
2. An Interdisciplinary (ID) Team determines eligibility for services and then assesses a child's needs. The ID Team may include parents, Golden Gate Regional Center service coordinator, physician, psychologist and other professionals.
3. If eligible, an *Individualized Family Service Plan* (IFSP) is developed with the family, which includes child and family outcomes and establishment of services.
4. Eligible families will receive ongoing service coordination.

What Services Are Available?

Eligible infants and toddlers may receive a variety of services depending upon the child's development and the family's capacity to meet those needs.

Services are provided within the child's natural environments such as the child's home with their everyday natural routines, activities, relationships, and in settings with typically developed peers.

Services may include some of the following:

- Information and referral
- Initial and ongoing assessments
- Individualized Family Service Plan
- Linkage with Family Resource Centers
- Transition planning at the age of 3.
- Speech-Language Services
- Health and Wellness Services
- Occupational Therapy
- Physical Therapy
- Psychological Services & Behavioral Therapy
- Family/Parent Training
- Family Counseling and Home Visits

For more information on eligibility or other services available to **Early Start** children and their families, please contact one of our offices in San Francisco, San Mateo or San Rafael. Visit us online at www.ggrc.org.

How are Services Funded?

Golden Gate Regional Center provides no-cost evaluation and assessment.

If your child is eligible for **Early Start** services, your service coordinator will work with you to identify payment sources for services that may include:

- Accessing private insurance for medically necessary therapy services (speech, feeding, occupational, and behavioral or physical therapies)
- Exploring generic resources and GGRC payment

Annual Family Fee may apply if **Early Start** purchases early intervention services.

