

Golden Gate Regional Center

Self-Determination Local Advisory Committee Meeting Minutes Meeting Date: Tuesday, April 13, 2021 3:45pm-5:30pm

VIA ZOOM CONFERENCING

SDLAC MEMBERS Sascha Bittner PRESENT:

Jennifer Walsh

Elizabeth Grigsby Alex Gastelum

GGRC ADVISOR: Eric Zigman

> Juliet Sousa Lisa Rosene

SCDD ADVISOR: Sheraden Nicholau

OTHER Will Stanford

PRESENTERS/GUESTS: Sabrina Kappe Ramos

> Justin Tedford Sandra McElwee Rachel Younger Naida Tan

Welcome/Call to order (Bittner and All

- Intro/Opening Round
- Approval of Agenda (Walsh)
- Approval of Minutes (Walsh/All)

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I. Participant/Family of participant/Public Feedback on SDP

- DDS is to be contacted regarding funding of Person-Centered Planning (PCP) for newcomers to Self-Determination Program. Currently, funding for PCP is only available for the 2500 individuals selected for the first phase of SDP implementation.
- Liz mentioned that she is very pleased with her new social worker.
- Sascha and Jennifer reported that they met with RCEB and SARC with regards to SW training, mentoring/coaching and the idea of creating a shared SDP website to collaboratively share resources between the three SDLA committees.
- A question was raised regarding individuals coming in to SDP after it opens up to all individuals served by regional centers. Specifically, GGRC was asked if those individuals can start their budget immediately on June 7th, 2021, the current date the program will become broadly available. The answer was relayed from Eric that SDP has a multi-step process that is defined by statute and overseen by DDS, and it takes time to move through that process. He said that GGRC's ability to support individuals in moving through the steps has a direct connection to funding of SDP focused positions by DDS. Currently GGRC is funded for two-thirds of one single position and Eric said GGRC needs seven full time positions to implement SDP as it should be done.

II. SCDD Update

Orientations were discussed by the committee:

- The committee discussed that Lanterman RC and SCLAC have strong processes for orientations of individuals/families.
- Jennifer and Sascha offered to be involved in the process of orientations (and Alex offered to help with orientations that need to be in Spanish).

Sheraden shared that some statewide SDP meetings are happing this week which should provide further information.

III. Disability Rights of California

Alex had no update.

IV. GGRC Update

Updates were shared regarding the implementation of SDP at GGRC, including the challenges and accomplishments of the program.

• Lisa highlighted that it is joyful to witness all steps of Self-Determination program being completed by an individual and/or family involved in SDP and have the supports that are organized in a fashion that surely improve their lives. She relayed that, even with all the

implementation challenges (many due to lack of regional center funding), individual budget development can be enjoyable and thrilling, given the greater flexibility allowed individuals to receive support in an approach to accomplish goals in their lives.

V. Independent Facilitator Training

Sabrina Kappe Ramos shared information about Independent Facilitator Training, orientation and signups for module lesson. NeuroNav provides Drop-In SDP Coaching through SARC, Thursdays 4-5pm (including sessions in Spanish). The committee members enquired if NeuroNav's update could be included on the GGRC Website.

VI. DDS Funds for SDP

Budget Development, GGRC SDLAC budget allocation and expenditures till year 2023 was discussed, including a focus on mentoring and coaching individuals. The budget was displayed with revisions made in the discussion in real time. Sascha, Jennifer, Eric and Sheraden will continue to work on refining the SDLAC budget and bring back proposals to the full committee.

Respectfully Submitted,

Eric Zigman
Executive Director