

Golden Gate Regional Center SELF-DETERMINATION LOCAL ADVISORY COMMITTEE

Minutes

November 10, 2020

Present:

Sascha Bittner (Self-Advocate, Co-Chair)	Alison Sinclair (Parent Advocate)
Jennifer Walsh (Self-Advocate, Co-Chair	Eric Zigman (Executive Director, GGRC)
Rosalia Banta (Assistant to Jennifer Walsh)	Kathryn Carpenter (Recording Secretary)
Chris Kantor (Parent Advocate)	Breanne Burris (Guest)
Elizabeth Grigsby (Rights Advocate, GGRC)	Aaron Caruthers (Guest)
Rachel Younger (Assistant to Liz Grigsby)	Nicole DeGuzman (Guest)
Alex Gastelum (OCRA)	Sabrina Ramos Kappe (Guest)
	Maxine Milan (Guest, DDS)
Sheraden Nicholau (Regional Manager, Bay Area	Kimberley Shreiber (Guest)
Office, SCDD)	Will Sanford (Guest)
Connie Johnson (Parent Advocate)	
Lisa Rosene (RCS Director, GGRC)	

Welcome/Call to Order

Committee members introduced themselves. Statement made that the meeting was being recorded only for the purpose of assisting with the preparation of minutes and that the recording will be destroyed after minutes are approved by the committee.

Minutes and Agenda

Following the review of the minutes from October 13, 2020, one correction was noted. A motion to approve the minutes was made, as amended.

M/S/C: Motion to approve the minutes from October 2020 was approved by the committee. (Liz Grigsby motioned/Connie Johnson seconded).

Participant/Family of Participant/Public Feedback on SDP

<u>Updates</u>

Covid-19 (Nicholau/Zigman)

Sheraden reported that SCDD is very excited to have increasing IF trainings in our catchment area, and they are currently compiling a list of people who have received the trainings across the state. Thus far, 180 people have responded they have completed the training. When finalized, the list will be available for those who would like to receive it. This inventory could be valuable for networking and recruiting additional trainers.

Sheraden continues to encourage individuals, families and others to visit the DDS website for updates, including recent directives.

Eric reported that the System and Fiscal Reform Workgroup met yesterday. They are part of the DDS Taskforce, and are a statewide effort to provide input to the department on issues we face, and to provide recommendations for alternative delivery services. The goal is to present this feedback to policy makers, communicating the urgency of additional funding for Self Determination as well as Participant Directed Services, and to ensure that the program will be available to accommodate more people in July 2021, when it opens up to all individuals served.

GGRC (Rosene/Sousa/Zigman)

• What is status of GGRC SDP individuals?

Lisa reported that she and Juliet are in the process of scheduling an upcoming orientation for interested participants, and Juliet will be meeting with all three counties in preparation. As of today, here are the numbers:

Actively implementing SDP individual budgets: 4
Person-Centered Plans Completed: 23 In Progress: 2
Individual Budgets Completed: 10 In Progress: 7
Spending Plans Completed: 4 In Progress: 3

Department of Developmental Services (Bittner/Nicholau/Zigman, 5 Minutes)

Eric reported that given every regional center is now serving more people in the program, it has forced larger dollar amounts, therefore the department has put together a new a plan for the committees. Some ideas for the new spending plan included translation of documents (such as orientations), the translation of other self-determination materials, and also an area that has been discussed historically with the committee, a collaborative gathering that focuses on person centeredness. Once the committee has agreed to the new spending budget that fits within the new DDS spending structure, it is sent to the department for approval.

Liz suggested perhaps the proposed gathering focus on success stories of those who feel that SDP is more beneficial to them than traditional services. Lisa will follow up with other committees to collect feedback from other regional centers. Committee agreed that gathering should focus on hearing personal stories (positive or negative), and unique perspectives from individuals moving through the process, as well as those who have fully enrolled in the process. Committee agreed this will be very helpful for future planning. All agreed on a "social mixer gathering" versus something more formal, either via Zoom or hopefully something in person.

Disability Rights of California (Alex)

No report.

<u>Independent Facilitator Training (SDLAC members)</u>

• Learnings from IF Design Workshop

Kim reported that the first training was a great success. NeuroNav reviewed the insights that were gathered from the design workshop which helped design the curriculum for the first training. The training was very interactive and included 26 participants. All participants

received a certificate of completion and were also distributed a survey, results will be gathered by NeuroNav. The next IF training for Spanish speakers will be in November, and they will be sending out the Eventbrite link for anyone attending the Spanish session.

The IF presentation materials will be distributed to the committee for review prior to the first training.

• Next IF Training Dates

Wednesday, November 18, 1:00pm-6:00pm (Spanish)

State Self Determination Advisory Committee (Bittner, 10 minutes)

• Discussion of Barriers Report sent to The Legislature

Sascha reported that this topic will be explored in detail at December's meeting.

DDS Funds for SDP (SDLAC members)

• GGRC SDLAC's Spending Plan

Jennifer suggested funds be allocated for internet costs. Will reported that at this time, funds/waivers for utilities are not approved for the SDP budget. Lisa reported that most of the large internet utility companies are offering very low prices to our individuals. GGRC and others are doing their best to make sure all families served have affordable internet access.

Closing Thoughts/Adjourn (All/Sascha)

Sascha thanked everyone for their participation and asked the committee to please thoroughly review the Barriers Report in preparation for the discussion at December's meeting.

Next Meeting

Tuesday, December 8, 2020 (3:45pm - 5:30pm)

Location: TBA

Submitted by Kathryn Carpenter