



Golden Gate Regional Center  
Self-Determination Local Advisory Committee Meeting Minutes  
Meeting Date: Tuesday, December 14<sup>th</sup>, 2021 3:45pm-5:30pm  
**VIA ZOOM CONFERENCING**

SDLAC MEMBERS  
PRESENT: Sascha Bittner Alex Gastelum  
Jennifer Walsh Alyson Sinclair  
Elizabeth Grigsby  
Christine Kantor

MEMBER ABSENT: Connie Johnson

GGRC ADVISOR STAFF: Eric Zigman  
Juliet Sousa  
Aria Alokozai (Recording  
Secretary)

SCDD ADVISOR: Sheraden Nicholau

OTHER  
PRESENTERS/GUESTS: Maxine Paula Milam  
Sabrina Kappe Ramos  
Israel Pichardo  
Erika Gonzalez  
Tim Park  
Gabriela Choy

**Welcome/Call to order (Bittner and All)**

- Intro/Opening Round

**ACTION Record of November 9th, 2021 Meeting**  
*The Record of Meeting of November 9<sup>th</sup>, 2021 was approved.*  
*M/S/C (Jennifer Walsh motioned/ Elizabeth Grigsby seconded)*

**Participant/Family of participant/Public Feedback on SDP**

There were no public comments.

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[www.ggrc.org](http://www.ggrc.org)

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### **SCDD Update**

Sheraden Nicholau shared below updates on SCDD:

- Self-Determination Trainings were offered to family support groups, and Mandarin, Cantonese, and Spanish speaking families.
- SCDD continue to receive technical assistance questions as usual.
- The State Council has recently hired a Self-Determination Program Manager, Joe Hernandez, who will have an exclusive statewide self-determination focus. Sheraden suggested inviting Joe Hernandez to the next SDLAC meeting.

### **GGRC Updates**

Eric Zigman shared that we are hiring two additional staff for Participant Choice Specialist role for SDP. We need at least six staff and we have been funded for two-thirds of one position only for the last two years.

Eric also shared overall duties and responsibilities of an Administrative and Communication Assistant for Self-determination Program and reported that the position is ready for posting.

Eric reported that SDLAC is now in contract with NeroNav to provide three different types of coaching for SDP.

Sabrina shared the three main buckets in the coaching contract which includes building coaching cohorts and focusing on community aspect on self-determination. It will be a series of eight coaching sessions where families will have an opportunity to work on their budget process and creating spending plan in groups. Additionally, one-on-one capacity and weekly drop-in coaching will also be available to support people in English as well as in Spanish.

#### **Budget Update:**

Eric shared the current SDLAC budget and expenditures and the committee discussed future use of these funds.

There has been two years of allocation, year one and year two funding. Eric reported that the funds from the first year have been expended for coaching contract with NeroNav. He also talked about year two funding, announced year three funding and shared the current SDLAC budget.

Juliet shared the following updates and data on SDP:

- There are total of 13 folks in the implementation phase.
- 8 folks are implementing their SDP budget.
- More training for staff, managers, and supervisors will be offered.
- Working on getting family members or an individual to speak about their experience in our next gathering in January.

Q & A followed

**SDAC Updates:**

Website Update:

Alyson Sinclair shared that the advisory committee website group has met and discussed the focus of the website including the three key areas to provide access to other resources related to self-determination as well as forum area and a resource page. The group talked about a guide and road map for people who are new to self-determination as well as information about how people will be transitioned to self-determination program. In addition, the website committee discussed web designer scope of work, bringing someone on board and offering yelp-type review for FSM and IFs specific to bay area and website.

Q and A followed.

**Upcoming Events:**

Sabrina shared that the Coaching Cohorts brainstorming session will be held on January 11<sup>th</sup>, 2022 after the SDLAC meeting.

Meeting adjourned to SDLAC meeting at 5:10PM

Respectfully Submitted,  
Aria Alokzai  
Executive Administrative Assistant