



Golden Gate Regional Center
Self-Determination Local Advisory Committee Meeting Minutes
Meeting Date: Tuesday, February 8th, 2022 3:45pm-5:30pm
VIA ZOOM CONFERENCING

SDLAC MEMBERS PRESENT: Sascha Bittner
Jennifer Walsh
Christine Kantor
Alex Gastelum
Elizabeth Grigsby
Connie Johnson

MEMBER ABSENT: Alyson Sinclair

GGRC ADVISOR STAFF: Eric Zigman
Lisa Rosene
Noelia Corzo
Israel Picardo
Aria Alokozai (Recording Secretary)

OTHER PRESENTERS/GUESTS: Sheraden Nicholau
Will Sanford
Maxine Paula Milam
Sabrina Kappe Ramos
Erika Gonzalez
Brooke Schreier Ganz
Needa Mirza
Tim Park
Christine Ibia

Welcome/Call to order (Bittner and All)

- Intro/Opening Round

ACTION Record of January 11th, 2022 Meeting

The Record of Meeting of January 11th, 2022 was approved.

M/S/C (Jennifer Walsh motioned/ Elizabeth Grigsby seconded)

Participant/Family of participant/Public Feedback on SDP

Brook Schreier Ganz, member of public, asked about GGRC website update on self-determination and what GGRC is going to do to raise more awareness among the people served by GGRC. Ms. Ganz also asked GGRC's overall enrollment numbers in SDP.

Lisa Rosene responded and appreciated Brook's feedback and support for the program. Lisa added that there had been shortage of shortage of staff funding to support this program and that she has met with new Participant Choice Specialists to take on this project. Lisa also highlighted that all of her staff is trained on SDP; there are some work in progress to distribute information on NeuroNav coaching

sessions, and there had been several efforts including SDP orientation and meet and greet sessions on getting the word out to the people.

Elizabeth Grigsby shared her experience and efforts on helping raise awareness about self-determination program as a Rights Advocate.

Eric Zigman commented and acknowledged the importance of promoting the self-determination program. Eric shared that the program did not have any funding for three years. The program finally received funding for two-thirds of one staff for the first year and GGRC on-boarded two more staff this month; GGRC needs at least six staffs for this program. Eric offered to meet with Ms. Ganz at her convenience.

Sascha Bittner commented and shared that GGRC is hiring an Administrative/Communication Assistant who will be responsible for communicating with the SDP participants and those who are interested to sign up for the program.

Q &A and discussion followed.

SCDD Update

Sheraden Nicholau shared that following updates:

- There is an update on the FAQs on DDS's website specific to the budgeted development, certification, and the spending plan.
- Sheraden shared informational link on the goods and services and how those fit within the self-determination waiver.
- SCDD continue to receive technical assistance request on how to move forward with the program and the process specific to the budget development and the spending plan portions.
- DDS is working with the State Council to create statewide orientation to supplement RC orientations on self-determination which will start in March. SCDD is recruiting paid co-trainers for statewide orientation and specifically looking for self-advocates and family advocates co-trainers from diverse backgrounds. The orientation will be scheduled every week (between ~90 -120 minutes) over Zoom with the intention of having some in-person meetings in the future.
- There is a stateside committee meeting on self-determination coming up in February 15th and is open to public.

Disability Rights California

Alex had no updates.

GGRC Updates

Eric Zigman shared that there are lots of conversation on State level between all the regional centers in Self-Determination about Fiscal Management System availability and problems with FMS, such as difficulty finding FMS to take people on and unavailability of enough bilingual people in FMS. Eric added that it's not possible to move forward with Self-Determination without having FMS to sign up,

and therefore important to advocate for. Eric reported that the third position that we can add in the Self-Determination program will be a Participant Choice Specialist in Fiscal Department to work around FMS and focus in the Fiscal end.

Sascha Bittner, Eric Zigman, and Lisa Rosene spoke about social workers training in Self-Determination. Lisa shared that GGRC social workers are required to receive training on self-determination; she added that GGRC will set an orientation schedule on a regular basis on the components of Self-Determination for the staff in each three counties. Both Noelia and Israel will be facilitating major Spanish orientation sessions and work around outreach to Spanish speaking individual across all three counties.

Lisa shared that we have 60 participants who have shown interest for the SDP; 52 have completed their required orientation; 28 have completed their person-centered plan and 2 are in process; we have 17 certified budgets and 6 are currently in process.

Sascha shared that the committee wants to know when people feel delayed in the process and added that it's important to let people know to communicate with their social workers regarding their progress in the program. Sascha added that Juliet Sousa has developed a SDP flow chart which can be used as a roadmap and guide for the families and individual served.

Eric shared that Juliet had evaluated each participant's progress in SDP and categorized details and reasons for their status in terms of moving forward in the program. GGRC decided to have more flexibility and allow more time, especially during the pandemic to let people decide when they want to move forward. Eric suggested reevaluating those answers and categories to see if they have changed.

Q & A followed.

Spending Plan Update:

Eric reported the GGRC is in contract with NeuroNav on self-determination program for independent facilitation to both develop modules and to train folks in SDP.

Sabrina Kappe shared the below updates on NeuroNav projects:

- The project is 5% completed.
- NeuroNav offers three types of coaching; (i) 8 week of coaching cohort that offers training and education on different steps of the program available for people of sign up. (ii) Drop-in coaching sessions every Tuesday for folks to come and ask questions. The sessions are both in English and Spanish, and there is a space for service coordinators to ask questions. (iii) One-on-one transition coaching for targeted support.

Update on projects:

- Completed the research for the coaching cohorts and the curriculum design. The cohorts will be translated and cohort one & three will be in English and two & four will be in Spanish.
- Flyers on coaching cohorts will be going out to families and individuals.
- For next step: getting people signed up for coaching cohort sessions.

Q & A followed.

Outreach to the SDLAC Committee – Communication/Correspondence:

Eric shared that a candidate has been interviewed for the position of Administrative/Communication Assistant for self-determination program and details on next step will be shared in next month's meeting.

Q & A followed

SDAC Updates:

Website Update:

Christine Kantor shared updates from SDP website committee between three regional centers. The website will be a topical forum and a hub to other links including the three regional centers. The committee works to create a sense of uniformity and service administration across the regional centers and create a website that will contain a resource page for information about self-determination, a guide for people new to SDP, a source about transition to SDP, pros and cons decision tree (to be determined), a roadmap to transition, yelp type reviews for financial management services, IF and service provides (to be determined), plain language, visually informative, and accessible to people with disabilities including persons with visual, hearing, cognitive related impairments. To design and maintain the page, the committee will be involved in hiring a web developer/administrator with web experience to create and monitor the page (a request for proposal is needed); the position is to be hired by March 30th.

Q and A followed.

Meeting adjourned to SDLAC meeting at 5:10PM

Respectfully Submitted,
Aria Alokozai
Executive Administrative Assistant